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Welcome!

Often when we think of Feng Shui, we limit it to how we experience our living or home environments. Feng Shui can also be used to support the success of our businesses. How? By incorporating the same principles you apply in your home environment to your work environment. As you read the various articles below, you'll find that the principles of Feng Shui encompass not only our living spaces but also how we interact with our work spaces.

Enjoy!

Laurie Bornstein
CEO/President
International Feng Shui Guild

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7 STEPS TO A POWERFUL OFFICE WITH FENG SHUI

by [Ann Kucera](#)

You started your business for a reason - to make money certainly, but what else? What is your vision? You want to make a difference for your clients and for the world. Whether you provide accounting services or coaching services or sell skin care products, you want to support the health and happiness of others.

One of the foundations that helps support your business is your office. When I mention the word office or home office to people, they look at me with big eyes and say, "It's terrible, you wouldn't want to go into my office."

So if I wouldn't want to go in there, why do you?

I firmly believe that the success of your business can be supported or undermined by the [energy](#), balance and organization of your office. This is not to say that your office will always be neat and ready for a photo shoot. Typically your office will have some amount of creative chaos. What we want to distinguish is if the chaos in your office is supporting you and ultimately your clients or if it detracts from your mission and supporting your clients.

Here are seven steps to ensure that your office is in alignment with your mission and vision.

1. Think about the mission of your company and your vision for the world. What will you and your business bring to the world to make a difference?
2. Think about what kind of feeling you want people to have after using your product or service. This feeling should be present in your office. If you don't have something, you can't give it away (or sell it).
3. Eliminate anything in your office that is not directly supporting your business processes, your clients or the feeling you are creating in the world.

This may take some time and consideration. You will

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This may take some time and consideration. You will want to balance inspirational vs. business related items and you will want to balance open space vs. used space. An office with no open space will feel cluttered no matter how many inspiring items are in it.

Eliminate anything that was business related, but is not relevant to your current business. Do not become a museum or archive of your past success (or failure). Be diligent about what you allow into your office. It's not a dumping ground for things-I'm-not-sure-what-to-do-with. Anything that does not support your mission or your vision is not allowed to enter. Surround yourself with items that support you and do not distract you.

4. Arrange your furniture so that you can see the door from where you sit. If you are not facing the door now, this change alone will make a powerful shift in your ability to manifest your vision in the world. If you are unable to move your desk, get a mirror and place it so you can see the door behind you.

5. Create a space that is balanced using colors and materials that are pleasing to you. A lively color like yellow is great for an office since it offers some stimulation but is calm enough not to cause agitation. Stay away from too much grey, white and black. Blue is a calming color if you are in a high stress environment. Add lots of plants, flowers and even a water fountain if you are willing to maintain it.

6. Enjoy this space that supports you, your mission and your vision.

7. Repeat. As you and your business grow and change you will continue to revise your space to support your new possibilities.

[Find out more about Ann...](#)

FENG SHUI ESSENTIALS FOR YOUR WORKSPACE

By [Marie Burgos](#)

[Feng Shui](#) for the home is a great way of bringing balance and peace in your life but what about your office?

With people spending more hours at work than at home, building positive energies in the office can affect your overall attitude and health. If your job's got you down, it may not be your work - it may be your space. Implementing a few Feng Shui guidelines to your workspace may make the difference between dreading your morning commute to looking forward to your career.

DEFINING YOUR GOALS: is a great way to feel uplifted and motivated to work.

Use visualization. Make a collage of your desires and display in your office to give inspiration. Two years ago I wrote a description of my ideal job on a piece of [red](#) paper and hung it in the career area of my bedroom - now I am living it daily.

GETTING RID OF CLUTTER is an essential step to apply.

You see: "The problem with [clutter](#) is - it leaves no room for growth!"

Office clutter creates confusion. It adds negative emotions such as stress, moodiness, overwhelming feelings, exhaustion. It also affects deadlines, finances, and your professional image.

LOCATING YOUR DESK in the "[Command Position](#)"

Your desk needs to face the door and you should have a view on the overall space. Not facing the entrance? Then you may be feeling vulnerable and nervous. Try moving your desk around or adding a mirror that allows you to see the door or entrance. Having your back towards a window can also bring on feelings of insecurity. Hang blinds or curtains to lessen this feeling.

DISPLAYING INSPIRATIONAL VISUALS

These visuals include images of people that are your mentors, heroes, even your work team if you need their support. Any images which represents achievement for

you can work.

USING COLOR is very important in the art of Feng Shui. Offices and workspaces are often painted white but this color is not the most cheerful to work around. **Yin** colors promote healing and relaxation such as black, blue, green, purple. **Yang** colors provide essential enthusiasm and the positive energy required needed to do something or be motivated. The best colors associated to career are black for business, green for money, red to give a boost to all projects. Use color from walls to accessories.

LIGHTING UP is essential for a happy work environment. Replace fluorescent bulbs with full spectrum bulbs or bring in your own floor or desk lighting.

POTTING PLANTS help bring nature and air. Work with an odd number of healthy plants - 9 is ideal. Place a plant in your prosperity area (far left side of the room from the entrance) to help grow your finances.

USING WATER to promote peace in the room. Put a small fountain or even a picture of water near your entrance to achieve this calming effect; a small fish tank is another option. But more than anything, water at the entrance supports your career as it represents a flowing river bringing in new opportunities.

STAYING UP TO DATE by using recent and well maintained equipment. Having the right tools helps keeping you stress level down, reach your deadlines, and show professionalism.

BRINGING YOUR PERSONALITY into your office and feel comfortable and raise your confidence. Display photos of people you love and that are supportive of you. Display items that resonate with you such as hobby items and memorabilia.

You now have a list of easy tips to use for your office. And the benefits are endless. You can achieve career advancement, reduce your stress, improve your focus, make more money, and enhance authority and confidence. Use Feng Shui to boost your career!

[Find out more about Marie...](#)

A FOUR PILLARS ANALYSIS Of John McCain and Barack Obama

By Yasha Jampolsky

Whether you consider yourself Red, Blue or something entirely different, you would probably agree that this next election holds an even greater importance than most. More people are paying attention than they have in a long while; and it is very likely that voter turnout will exceed all records. Perhaps this has been the greatest gift of the past eight years.

In spite of this, many of us regard the electoral process as nothing more than theater designed to sway as many voters as possible one way or the other. It's hard to determine who the candidates really are simply from the promises they make and what we are shown on the TV screen.

Regardless of which candidate you might favor I think you might find the information in their Four Pillars chart beneficial.

In this analysis, I have done my best to put my own inclinations aside and to provide an objective assessment of the candidates' charts.

[See the charts for each Presidential candidate now!](#)

It is truly important to get out and vote this year. It is equally important to understand the influence of the collective consciousness. Regardless of your choice